



	FEE	
<input type="checkbox"/> Team Tri Faster Membership (New or Renewing) Good through 12/31/2019	\$75	
	General Pricing	Team TF Pricing
Tri Faster Run Faster Clinic- 12:00-4:00 pm		
<input type="checkbox"/> Sat. March 9- MSOE Indoor Track and Conference Center	FULL	FULL
Tri Faster Masters Swim-All Days 5:45-6:55		
<input type="checkbox"/> Winter: Mon. Jan. 7- Mar. 18 (11 workouts).....	\$106	XXX
<input type="checkbox"/> Winter: Wed. Jan. 2- Mar. 20 (12 workouts).....	\$115	XXX
<input type="checkbox"/> Winter: Fri. Jan. 4- Mar. 22 (12 workouts).....	\$115	XXX
<input type="checkbox"/> Spring: Mon. Apr. 1- June 10 (10 workouts).....	\$97	\$80
<input type="checkbox"/> Spring: Wed. Apr. 3- June 12 (11 workouts).....	\$106	\$88
<input type="checkbox"/> Spring: Fri. Apr. 5- June 14 (11 workouts).....	\$106	\$88
<input type="checkbox"/> Spring: All 3 Days of Swim (32 workouts).....	\$250	\$230
<input type="checkbox"/> 10 Visit Drop-In Punch Card good for one year.....	\$110	\$90
<input type="checkbox"/> 10 Visit Drop-In Punch Card good for one year FULL TIME STUDENT.....	\$70	\$70
<input type="checkbox"/> Drop-in – Email shark@trifaster.com with date(s)	\$15	\$12
Tri Faster Flip Turn Clinic- Friday 5:45-7:00 am GFHS		
<input type="checkbox"/> Friday March 1.....	\$15	\$12
Tri Faster Train Stronger-Thurs. - Greenfield WAC Thursdays 5:45-6:45am		
<input type="checkbox"/> Winter 2: Feb. 28- Apr. 11 (7 workouts).....	\$135	\$100
<input type="checkbox"/> Drop-in – Email shark@trifaster.com with date(s)	\$25	\$20
Tri Faster HIIT Workouts-Sun. – 3:00-4:00 pm Greenfield WAC		
<input type="checkbox"/> Feb. 10 – Mar. 10, 2019 (5 workouts).....	\$90	\$70
<input type="checkbox"/> Drop-in – Email shark@trifaster.com with date(s)	\$25	\$20
Tri Faster Yoga, Roll and Release- Tues. – 5:45-6:30 am- InStep Hales Corners		
<input type="checkbox"/> Tue. Feb. 19- Apr. 2, 2019 (7 workouts).....	\$90	\$70
<input type="checkbox"/> Drop-in – Email shark@trifaster.com with date(s)	\$16	\$13
Tri Faster Swim Training Express -Sun. 1:00-1:45 pm- Greenfield WAC		
<input type="checkbox"/> Sun. Feb. 10 – Mar. 10, 2019 (5 workouts).....	FULL	FULL
<input type="checkbox"/> Drop-in – Email shark@trifaster.com with date(s)		
Tri Faster 5K/10k Run Training- Sun. 2:00-2:45 pm- Greenfield WAC		
<input type="checkbox"/> Sun. Feb. 10 – Mar. 10, 2019 (5 workouts).....	FULL	FULL
<input type="checkbox"/> Drop-in – Email shark@trifaster.com with date(s) * Does not include Shirt or Training Plan*		
Train for Spain with Joan and Coach Lauren- Sun. 1:00-3:00 pm Greenfield WAC		
<input type="checkbox"/> Sun. Mar. 24 (Duathlon Workout).....	\$30	\$30
<input type="checkbox"/> Sun. Mar. 31 (Aquathon workout).....	\$30	\$30
Tri Faster Triathlon Camp-Sun. 9:00am-4:00 pm- UW Whitewater Williams Center		
<input type="checkbox"/> Sun. April 7, 2019	\$149 thru 2/20	\$139 thru 2/20
Tri Faster Strength Training for Swimmers-Thurs. 5:45-6:45 am- Greenfield WAC		
<input type="checkbox"/> Thurs. Apr. 18 (1 workout).....	\$25	\$20



Tri Faster Tri Swim Skills- Thursdays 7:00-8:00 pm		
<input type="checkbox"/> Thurs. May. 9- June 13, 2019 (6 workouts).....	\$95	\$80
<input type="checkbox"/> Drop-in – Email shark@trifaster.com with date(s)	\$22	\$18
Combo: Outdoor Tri Training and Tri Swim Skills.....	\$265	\$230
Tri Faster Mobilize, Stabilize, and Strengthen Thurs. 5:45-6:45 am Greenfield WAC		
<input type="checkbox"/> Thurs. May 9- June 13 (6 workouts).....	\$115	\$80
<input type="checkbox"/> Drop-in – Email shark@trifaster.com with date(s)	\$25	\$20
Tri Faster Outdoor Tri Training- Tuesdays 6:15-8:00 pm		
<input type="checkbox"/> Tues. May. 14- July 30, 2019 (11 workouts).....	\$195	\$175
Combo: Outdoor Tri Training and Tri Swim Skills.....	\$265	\$230
To contact us with any questions please e-mail us at saraschwahn@yahoo.com .		

Current Class Offerings