

Individual Aquathon (1000m swim/5k run)

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	BEN TRAGER	MILWAUKEE, WI	M: 1	RUNNER	59	00:37:23.89	12:02	5.0mph	Overall Male: 1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Swim		00:14:32.24	23:23	2.6mph	00:14:32.24
				Transition		00:01:55.93		0.0mph	00:16:28.17
				Run		00:20:55.73	06:44	8.9mph	00:37:23.89
2	KAREN KIMPLE	WHITEFISH BAY, WI	F: 1	RUNNER	58	00:40:14.24	12:57	4.6mph	Overall Female: 1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Swim		00:16:08.52	25:58	2.3mph	00:16:08.52
				Transition		00:01:12.02		0.0mph	00:17:20.54
				Run		00:22:53.70	07:22	8.1mph	00:40:14.24
3	TINA HATHWAY	WAUWATOSA, WI	F: 2	RUNNER	61	00:41:18.59	13:17	4.5mph	Female 30 - 39: 1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Swim		00:16:56.50	27:15	2.2mph	00:16:56.50
				Transition		00:00:44.00		0.0mph	00:17:40.50
				Run		00:23:38.09	07:36	7.9mph	00:41:18.59
4	TRISH TRUAX	FRANKLIN, WI	F: 3	RUNNER	54	00:41:27.98	13:20	4.5mph	Female 50 - 59: 1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Swim		00:17:08.40	27:35	2.2mph	00:17:08.40
				Transition		00:01:14.88		0.0mph	00:18:23.28
				Run		00:23:04.70	07:25	8.1mph	00:41:27.98
5	NATHAN NEVID	PALM BEACH GARDENS, FL	M: 2	RUNNER	56	00:42:15.02	13:35	4.4mph	Male 60 - 69: 1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Swim		00:16:16.76	26:11	2.3mph	00:16:16.76
				Transition		00:00:51.79		0.0mph	00:17:08.55
				Run		00:25:06.47	08:04	7.4mph	00:42:15.02
6	MEGAN SANFELIPPO	MILWAUKEE, WI	F: 4	RUNNER	65	00:46:00.86	14:48	4.1mph	Female 40 - 49: 1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Swim		00:18:06.83	29:09	2.1mph	00:18:06.83
				Transition		00:01:33.73		0.0mph	00:19:40.56
				Run		00:26:20.31	08:28	7.1mph	00:46:00.86
7	KEVIN JIN	HARTLAND, WI	M: 3	RUNNER	60	00:50:23.56	16:13	3.7mph	Male 30 - 39: 1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Swim		00:24:22.59	39:13	1.5mph	00:24:22.59
				Transition		00:02:18.71		0.0mph	00:26:41.30
				Run		00:23:42.26	07:37	7.9mph	00:50:23.56
8	LEAH WESTPFAHL	MENOMONEE FALLS, WI	F: 5	RUNNER	63	00:57:36.41	18:32	3.2mph	Female 50 - 59: 2
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Swim		00:26:33.58	42:44	1.4mph	00:26:33.58
				Transition		00:02:52.87		0.0mph	00:29:26.45
				Run		00:28:09.97	09:03	6.6mph	00:57:36.41
9	LAURA FAIT	MENOMONEE FALLS, WI	F: 6	RUNNER	62	00:57:57.05	18:39	3.2mph	Female 50 - 59: 3
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Swim		00:23:43.23	38:10	1.6mph	00:23:43.23
				Transition		00:02:23.18		0.0mph	00:26:06.41
				Run		00:31:50.64	10:14	5.9mph	00:57:57.05
10	HEMENDRA CHONKAR	BROOKFIELD, WI	M: 4	RUNNER	55	01:03:20.70	20:23	2.9mph	Male 40 - 49: 1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Swim		00:32:06.05	51:39	1.2mph	00:32:06.05
				Transition		00:01:41.67		0.0mph	00:33:47.72
				Run		00:29:32.99	09:30	6.3mph	01:03:20.70
11	NANCY NEVID	SARASOTA, FL	F: 7	RUNNER	57	01:04:52.45	20:52	2.9mph	Female 70 : 1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Swim		00:19:59.90	32:11	1.9mph	00:19:59.90
				Transition		00:02:47.90		0.0mph	00:22:47.80
				Run		00:42:04.66	13:32	4.4mph	01:04:52.45
12	JOAN CRISOSTOMO	MILWAUKEE, WI	F: 8	RUNNER	64	01:08:24.13	22:00	2.7mph	Female 70 : 2
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Swim		00:23:36.70	37:59	1.6mph	00:23:36.70
				Transition		00:03:47.62		0.0mph	00:27:24.32
				Run		00:40:59.82	13:11	4.5mph	01:08:24.13